



# KNOWSLEY WHAT'S ON NEWSLETTER

**Summer 1 Half Term 2024**

ADDvanced Solutions Community Network encourages, equips and empowers neurodiverse children, young people and their families, those with specific learning difficulties, SEN and Disability, and associated mental health needs. We have a blended offer of free face-to-face and online groups, workshops and learning programmes for parent/carers to better understand and support the needs of their child and for the professionals who support them.

## **Community Network Groups**

Each week during term time, we deliver face to face and online, informal, open access workshops on different subjects to support you and your family - pre, during, post and no diagnosis. Come along to meet our team and visiting professionals.

**[CLICK HERE FOR MORE INFORMATION](#)**

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## **Supporting Behaviours that Challenge Learning Programme**

A three session learning opportunity to support parents and carers to increase their understanding of their child/young person's behaviours that challenge and gain skills and confidence to better support them.

**[CLICK HERE FOR MORE INFORMATION](#)**

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## **Supporting Behaviours that Challenge Professionals Training**

An online learning opportunity to support professionals working with families whose children and young people may be presenting with behaviours that challenge, to increase their understanding, gain skills and confidence to better support them.

**[CLICK HERE FOR MORE INFORMATION](#)**

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## **Family Learning Workshop**

Learning workshops to increase understanding of a range of topics associated with neurodevelopmental conditions. Delivered as online webinars with the opportunity to ask questions in the chat function.

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## What is a Community Network Group?

Each week during term time, we deliver informal workshops on different subjects to support you and your family at all stages of your journey - pre, during, post and no diagnosis. Our workshops are needs-led, so come along and meet our team and visiting professionals to share learning and experience.

## Knowsley Community Network Group



### Where?

You can find us at **Old Schoolhouse Community Project, St. John's Road, Huyton, Liverpool, L36 0UX**. The venue is around a 10 minute walk from Huyton Village Shopping Centre, and is reachable by the **7, 61** and **50** bus routes. For more information on how to reach the venue, [please click here](#).

When?	Topic
<b>Wednesday 17th April 2024</b> 9:30am – 11:30am	<b>Embedding Routines at home:</b> Do you struggle to get routines in place at home? This week we will be looking how to support our children and young people by creating effective and sustainable routines for our families.
<b>Wednesday 24th April 2024</b> 9:30am – 11:30am	<b>Specific Learning Difficulties:</b> This week we will be looking at specific learning difficulties and giving an overview of dyslexia, dyspraxia, dyscalculia and dysgraphia - the four major specific learning difficulties.
<b>Wednesday 1st May 2024</b> 9:30am – 11:30am	<b>Separation Anxiety:</b> Separation Anxiety is common amongst young children, but can persist in children with neurodevelopmental conditions. Come along and gain some strategies to support our neurodiverse children and young people.
<b>Wednesday 8th May 2024</b> 9:30am – 11:30am	<b>Identifying Problems, Finding Solutions:</b> An open session to come along and discuss any difficulties you may be experiencing with your child/young person and explore strategies to support them.
<b>Wednesday 15th May 2024</b> 9:30am – 11:30am	<b>Speech and Language Therapy Team:</b> This week our partner is the Speech and Language Therapy team in Knowsley. They will explain their role in the autism assessment process and how they support children and young people with social communication, interaction and receptive language difficulties. We will also discuss strategies that can support your child or young person's communication.
<b>Wednesday 22nd May 2024</b> 9:30am – 11:30am	<b>Supporting Friendships with Neurodiverse Children and Young People:</b> All of us struggle with building, developing and maintaining friendships at some points in our lives. Individuals with a social communication difficulties may find this more of an issue than others. In this session we will look at how to support our children and young people, to understand their individual needs, nurture their resilience and reduce anxiety around relationships.

# Monday All Area Online Community Network Group

## Where?

[Please join us online by clicking here to register your details.](#) Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
<b>Monday 15th April 2024</b> 9:30am – 11:00am	<p><b>Communicating with your Child:</b></p> <p>What is communication? This session we will be looking at how to recognise different forms of verbal and non verbal communication and identify strategies for improving communication with neurodiverse children and young people.</p>
<b>Monday 22nd April 2024</b> 9:30am – 11:00am	<p><b>Liverpool Independent Travel Training Team:</b></p> <p>This session will be delivered in Partnership with The Independent Travel Training Team, who will explain how they support neurodiverse children and young people in travelling to school or college independently. Please come along and ask any questions about the service they provide.</p>
<b>Monday 29th April 2024</b> 9:30am – 11:00am	<p><b>Provide an Inheritance for Vulnerable Person:</b></p> <p>EP Seminars will be joining us to discuss the different options available for creating a will for a neurodiverse child or young person, as well as how to distribute it effectively and maximise the amount that is received. Come along and ask any questions you may have.</p>
<b>Monday 13th May 2024</b> 9:30am – 11:00am	<p><b>Introduction to Autism:</b></p> <p>Our topic for discussion this week is Autism (ASD). We will be looking at the characteristics that indicate a diagnosis of Autism Spectrum Disorder, how autism can present differently in individuals, and identifying strategies to support autistic children and young people.</p>
<b>Monday 20th May 2024</b> 9:30am – 11:00am	<p><b>Autism with Demand Avoidant Profile:</b></p> <p>Autistic children and young people will have a degree of demand-avoidance due to their levels of anxiety. Behaviour associated with autism with a demand avoidant profile can be challenging and requires a non-confrontational approach. We will discuss how to adopt this approach for our neurodiverse children and young people.</p>

# Wednesday All Area Online Community Network Group

## Where?

[Please join us online by clicking here to register your details.](#) Only one registration is required to join any of the topics listed below and you will receive a reminder each week, which includes the link to join. Our online offer is delivered via Zoom for Healthcare.

When?	Topic
<b>Wednesday 17th April 2024</b> 5:00pm – 6:30pm	<p><b>Introduction to Autism:</b></p> <p>Our topic for discussion this week is Autism (ASD). We will be looking at the characteristics that indicate a diagnosis of Autism Spectrum Disorder, how autism can present differently in individuals, and identifying strategies to support autistic children and young people.</p>
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<b>Wednesday 1st May 2024</b> 5:00pm – 6:30pm	<p><b>Theory of Mind:</b></p> <p>In today's session we will be looking at 'Theory of Mind'. What is it? How does it impact on our neurodiverse children and young people in their understanding of how other people think and feel?</p>
<b>Wednesday 8th May 2024</b> 5:00pm – 6:30pm	<p><b>Separation Anxiety:</b></p> <p>Separation Anxiety is common amongst young children, but can be prevalent in neurodiverse children and young people. Come along and ask any questions you may have.</p>
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## Supporting Behaviours that Challenge Learning Programme

The Supporting Behaviours that Challenge Learning Programme for parents and carers who wish to gain understanding and skills about their child/ young person's behaviours that challenge, in order to identify what's really going on, and to gain strategies to support them.



### Where?

Our face-to-face Supporting Behaviours that Challenge Learning Programme will be delivered in Huyton, Knowsley. You can contact our office on **0151 486 1788** to book on and for more specific venue information.

When?	Topic
<b>Friday 19th April 2024</b> 9.15am - 2.30pm	<b>Session 1</b>
<b>Friday 26th April 2024</b> 9.15am - 2.30pm	<b>Session 2</b>
<b>Friday 3rd May 2024</b> 9.15am - 2.30pm	<b>Session 3</b>

## Supporting Behaviours that Challenge Professionals Training

An online learning opportunity to support professionals working with families whose children and young people may be presenting with behaviours that challenge, to increase their understanding, gain skills and confidence to better support them.

### Where?

**Please join us online by clicking here to register your details.** Our online offer is delivered via Zoom for Healthcare, and you will receive a reminder with the link before the session via your email.

When?	Topic
<b>Tuesday 23rd April 2024</b> 3:30pm - 5:30pm	<b>Supporting Behaviours that Challenge</b>

For any further enquiries regarding Supporting Behaviours that Challenge training, please contact the office on **0151 486 1788** or email **info@advancedsolutions.co.uk**

## What is a Family Learning Workshop?

Our online family learning workshops aim to increase parents and carers understanding of a particular topic around neurodevelopmental conditions and gain strategies to support their child or young person at home and in school, with the opportunity to interact with our team via the chat and Q&A function.

## Family Learning Workshop

### Where?

Please join us online by clicking here to register your details. Our online offer is delivered via Zoom for Healthcare, and you will receive a reminder with the link before the session via your email.

When?	Topic
Friday 26th April 2024 9.30am - 12.00pm	SEND Processes including EHCPs

## Coffee Mornings, Afternoons and Engagement Events

Our team are happy to attend any face-to-face coffee mornings and/or online sessions to explain our current offer to families and professionals. Please email us at [info@advancedsolutions.co.uk](mailto:info@advancedsolutions.co.uk) for further information.



Our online offer is delivered using Zoom for Healthcare. The details we request are kept securely and used in line with our privacy policy:

<https://www.advancedsolutions.co.uk/policies/privacy-policy.html>

If you are using a phone, you will need to download the Zoom app beforehand. Please be mindful of your data usage. If you do not have an unlimited data plan, you may need to connect to a Wi-Fi connection to prevent charges.



## Seeking Crisis Support?

ADDvanced Solutions Community Network is not a crisis service. If you, a child or young person is experiencing acute distress and is deemed to be a risk to themselves or others, **we have listed the local area crisis contact details on our urgent support page, which you can find on our website: [www.advancedsolutions.co.uk](http://www.advancedsolutions.co.uk) under the 'Contact' menu option.** You will also find links to national organisations that can offer support.

Click [HERE](#)

### GET IN TOUCH



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